

## Learn from Mistakes: Self-Reflection Activity

Now that you have more information about some of the behaviors and attributes associated with **Learning from Mistakes**, take a moment to reflect and rate yourself on your use of them.

### INSTRUCTIONS

Read each statement below. Then use a 0–4 scale (“Never” to “Most of the time”) to rate yourself on how often you use the attribute described.

<b>0</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>Never</b>	<b>Rarely</b>	<b>Once in a while</b>	<b>Half of the time</b>	<b>Most of the time</b>

#### Open to New Ideas

#### Your Rating

<b>1</b>	Uses innovative approaches to solve problems	
<b>2</b>	Is constantly looking for better ways to do things	
<b>3</b>	Demonstrates the capacity to innovate	
<b>4</b>	Generates new ideas by examining issues from different perspectives	
<b>5</b>	Questions the status quo to uncover new methods for doing things	
<b>SUBTOTAL SCORE</b>		

#### Learns on the Fly

#### Your Rating

<b>6</b>	Uses a variety of strategies to learn on the job	
<b>7</b>	Quickly develops an understanding of complex situations	
<b>8</b>	Rapidly discovers new approaches to doing things	
<b>9</b>	Generates a variety of options to find solutions	
<b>10</b>	Quickly masters skills and knowledge required to perform new tasks	
<b>SUBTOTAL SCORE</b>		

**Takes Risks**

**Your Rating**

<b>11</b>	Often uses unconventional approaches to achieve goals	
<b>12</b>	Employs critical thinking skills to help manage risks	
<b>13</b>	Makes responsible decisions despite having incomplete/inadequate information	
<b>14</b>	Demonstrates that risk-taking is a necessary component of being successful	
<b>15</b>	Welcomes the challenge of the unknown	
		<b>SUBTOTAL SCORE</b>

**Reflects on Experiences**

**Your Rating**

<b>16</b>	Leverages his/her experience to make decisions	
<b>17</b>	Learns from both accomplishments and setbacks	
<b>18</b>	Wants to know what went right, what went wrong and why each of these occurred	
<b>19</b>	Reflects on the past to envision future possibilities	
<b>20</b>	Uses constructive feedback from others to help improve his/her performance	
		<b>SUBTOTAL SCORE</b>

**Accepts Mistakes as Opportunities**

**Your Rating**

<b>21</b>	Views mistakes as learning opportunities	
<b>22</b>	Is open to trying new things	
<b>23</b>	Uses lessons from mistakes for self-improvement	
<b>24</b>	Accepts the fact that he/she is not perfect	
<b>25</b>	Produces positive outputs/results from the mistakes of self and others	
		<b>SUB TOTAL SCORE</b>

**YOUR TOTAL  
SCORE**

---

**Scores:**

79 to 100: **High** – You demonstrate very effective use of this principle; inspire and help others develop skills to successfully use it.

65 to 78: **Average** – You demonstrate effective use of this principle; continue working to enhance your ability to use it.

Below 65: **Low** – You demonstrate limited use of this principle; take advantage of opportunities to enhance your ability to use it.

**Note:**

For a more comprehensive evaluation, a companion 360° assessment (*LEAD 360*) is available with this book. The assessment allows members of your immediate work circle to assess the degree to which you exhibit the principles and behaviors discussed in this book. Visit [www.AlonzoJohnsonPHD.com](http://www.AlonzoJohnsonPHD.com) or [www.lead360assessment.com](http://www.lead360assessment.com) for additional information on how to complete the LEAD 360 assessment.